

Rectal MRI Preparation

Rectal MRI

Patient preparation for MRI Rectal mass with contrast

On the day before your test:

- Do not eat solid foods.
- Maintain a liquid diet: water, coffee, tea, carbonated beverages, clear gelatin, strained fruit juice, bouillon, clear broth or tomato juice.
- DO NOT DRINK MILK OF ANY KIND.

Bucyrus Hospital Radiology 419-563-9342

Galion Hospital Radiology 419-468-0771

Ontario Hospital Radiology 567-307-7745

12:30pm: Drink one 10-ounce bottle of Citrate of Magnesia.

1:00pm: Drink one glass of fluid.

3:00pm: Take two Dulcolax (or Bisacodyl-generic) tablets with a large glass of water.

4:00pm: Drink one large glass of fluid.

5:00pm: Have a liquid dinner as outlined above.

6:00pm: Drink one large glass of fluid.

**You may drink extra fluids at other times.*

**Citrate of Magnesia (Bisacodyl) and Dulcolax are available over the counter at any pharmacy or drug store.*

On the morning of your test: You may have one cup of coffee, tea, or water.

Key Takeaway

Following these guidelines helps ensure your MRI is safe and accurate. If you have questions about medications, treatments, or preparation, please contact your care team before your appointment.