

Ultrasound Guided Breast Biopsy

What is a Ultrasound Guided Breast Biopsy?

A breast biopsy is a procedure to remove a small sample of breast tissue for laboratory testing.

To Prepare

- Please take medications as scheduled, unless you have been informed otherwise by your doctor.
- Do not use any underarm powder or deodorant on the day of your procedure.
- Do not wear any jewelry that would get in the way of the biopsy area.
- Bring a soft, supportive bra or an athletic sports bra to wear after your procedure.

What to Expect

- Once you have registered, you will be directed to the radiology department.
- You will be asked to change into a hospital gown for the procedure.
- The radiologist will talk to you before the procedure and answer any questions you may have.
- An ultrasound scan will be done to look at the affected area.
- The skin will be cleaned with a cleaning solution and covered with a sterile drape.
- The radiologist will inject the site with numbing medicine, this may cause a temporary stinging sensation.
- Once the site is numb, the radiologist will use a biopsy device to remove cells and tissue.
- A band-aid will be placed over the needle site.
- The cell and tissue samples will be sent to the lab.

After the Procedure

- You may take acetaminophen (Tylenol) for pain as directed by your physician.
- Wearing a snug fitting bra, or sports bra, for the first 24 hours following the test may decrease bruising.
- You will receive more detailed post care instructions at the time of discharge.
- Test results will be sent to your doctor. Your doctor will share these results with you.

If you have any questions or concerns, please ask the radiology department staff or contact your doctor.

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