

NATIONAL

HANDWASHING

Awareness Week

Clean your hands often. Teach your children to do the same.
Wash your hands with soap and warm water for 20 seconds.

"HAPPY BIRTHDAY" SONG x 2 = 20 sec

No soap around?

Use alcohol-based hand sanitizer or hand wipes.



1 Soap & Warm Water



2 Palm to Palm



3 Back of Hands



4 Fingers Interlaced



5 Base of Thumb



6 Fingernails



7 Rinse Hands



8 Dry with Clean Towel

