

NEW ROBOTIC BARIATRIC SURGERY

VASCULAR SERVICES

ADVANCED TECHNOLOGY

ORTHOPEDICS & SPORTS MEDICINE

COVID-19 SAFETY

MEASURES

PROVIDER DIRECTORY

NEW PROVIDERS

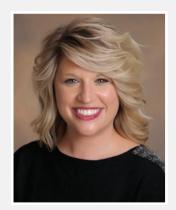
Welcoming new providers to the Avita Team!



Thomas Smith, DO Bariatric Surgery 269 Portland Way S, Galion 419-462-3839

Dr. Smith is board-certified in general surgery and fellowship-trained in robotic bariatric surgery.

Accepting New Patients!



Brittani Atwood, CNP

Neuroloav 715 Richland Mall, Ontario

419-462-4630

Brittani is certified through the American Academy of Nurse Practitioners.



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In 2006, one of the biggest firefights erupted in Baghdad, Iraq. One squadron had just finished their tour of duty and were getting ready to catch a flight home in the morning when two pilots from the squadron were called into action. They lit up the night sky, helping to protect those on the ground. It took almost the whole night for the fighting

One of those pilots was Galion Hospital's Medical Director of Emergency Medicine, Dr. John Schoettmer. This is just one story from his decorated 27 years of service as a fighter pilot with the U.S. Air Force and Air National Guard. We learned more about his career in a recent interview.

Q: What kind of planes did you fly?

A: I spent about 6 years flying primarily A7 Attack Fighters and another 20 in F16s.

Q: Where did you serve?

A: Oh gosh, there's a lot. I did three tours in Iraq but I was only stationed in Iraq once. I was in Kuwait for one tour and the other I was in Turkey. I spent some time in Panama when we owned the Panama Canal. I did a bunch of European stuff. Germany, that was before the Berlin Wall fell. I also did training in Alaska and Hungary. It was a very diverse and fulfilling career.

Q: Do you think that your time in the military prepped you to lead the ER?

A: Absolutely, both have a lot of parallels. You have to keep your wits, behave calmly, and be able to manage what comes at you. Both jobs have been very rewarding careers to serve others.

Q: I imagine not a lot of patients come in thinking they'll get taken care of by an ex-fighter pilot.

A: ER docs do a lot of things outside of the ER that people don't know about. Some serve in the military; some lead business endeavors. I learned how to fly single seat air fighters. Emergency physicians do other things which make us diverse and talented.



Dr. Schoettmer's Service History

JOHN SCHOETTMER, MD

USAF, USAF Air National Guard

Number of Years Served: 27

Status: Veteran **Occupation:** Pilot

Highest Rank: Lieutenant Colonel

Locations Served: Panama, Germany, Turkey, Kuwait, Iraq

Medals/Commendations: Air Medal, Aerial Achievement Medal, Southwest Asia Service Medal, Air Force Outstanding Unit

Award

MARCH2021

Robotic-Assisted BARIATRIC SURGERY

Our newest bariatric and general surgeon, Thomas Smith, DO introduces robotic surgery to the bariatric service line. Bariatric surgery focuses on individuals struggling with health issues and disabilities due to obesity. Our bariatric program has given patients several options for improving their health and quality of life. With the addition of Dr. Smith, we provide them even more.

Bariatric surgery is an option for patients who are struggling with obesity and comorbidities. The surgery may result in quicker weight loss that can resolve some obesity-related conditions, such as Type 2 diabetes, heart disease, high cholesterol, sleep apnea, and high blood pressure.

"From a patient population, we know 95% of patients who try to treat their morbid obesity with diet and exercise fail," says Dr. Smith. "We've proven that bariatric surgery is the most effective means for weight loss and to maintain that weight loss."

Dr. Smith has a special interest in robotic-assisted bariatric surgery because it "allows for surgery to be performed safer and guicker than traditional methods." He adds that it causes "less postoperative pain and a quicker return to work for patients."

This practice allows for more precise movements, giving Dr. Smith the ability to do more with less.

Bariatric surgery has boomed since the COVID-19 pandemic started in March 2020. The Wall Street Journal reports that several studies have tied increased rates of serious COVID-19 infections to obesity. Obese patients are simply more at risk, but bariatric surgery has helped reduce that risk. According

> to a study from the American Society for Metabolic and Bariatric Surgery, obese patients that had bariatric surgery are 25% less likely to require hospitalization after contracting COVID-19 when compared to obese patients that did not undergo bariatric surgery.*

Dr. Thomas Smith

ROBOTIC-ASSISTED

BARIATRIC SURGERY IS

SAFER AND OUICKER THAN

TRADITIONAL SURGERY.

It is important for patients considering bariatric surgery to become informed about the surgical options and pre-surgical process. Avita's

program is thorough with several pre-screening appointments and tests required for patients prior to surgery. This is standard in any quality bariatric program. Some pre-surgical requirements include: clearance from a primary care physician and psychologist, visits to a nutritionist and/or dietitian, lab work, and radiology procedures.

WELCOME **THOMAS SMITH, DO**

Dr. Smith earned his Doctor of Osteopathic Medicine from West Virginia School of Osteopathic Medicine. He completed a the Surgical Weight Loss Institute of Kansas City at HCA Menorah Medical Center.

Dr. Smith launched the Bariatric Surgery Program at Mercy Hospital South in St. Louis, MO and is now introducing roboticassisted bariatric surgery to Avita Health System. His special interests are general bariatrics, including robotic surgery and complex revisions, as well as gastroesophageal reflux disease.

TO SCHEDULE AN APPOINTMENT, CALL 419-462-3839 269 PORTLAND WAY S, GALION, OH 44833

BENEFITS OF ROBOTIC-ASSISTED BARIATRIC SURGERY MAY INCLUDE:

- Less post-operative pain
 Less scarring
- Faster recovery
- · Better clinical outcomes
- Fewer complications

TYPES OF BARIATRIC SURGERY

Gastric Bypass – The surgeon creates a small stomach pouch and attaches it to a portion of the small intestine.

Sleeve Gastrectomy – Part of the stomach is removed leaving a thin portion (or sleeve).

Duodenal Switch – This complex procedure is a sleeve gastrectomy with an intestinal bypass – the end portion of the intestine is connected to the bottom of the stomach.

Gastric Balloon – A silicone balloon is inserted endoscopically (through the mouth) into the stomach and inflated.

Types of Bariatric Surgery **Gastric Bypass** Duodenal Switch Gastric Ralloon

WHO IS A CANDIDATE FOR BARIATRIC SURGERY?

- Must be at least 18 years of age
- Have a BMI of 40 or a BMI of 35 with one or more obesity-related health conditions, such as Type 2 diabetes, heart disease, high cholesterol, high blood pressure, and sleep apnea
- · Have failed more conservative methods of weight loss, including diet and exercise

Bariatric Team



Linden Karas, MD 567-307-7854



Thomas Smith, DO 419-462-3839



Deanna Miller, CNP 567-307-7854

*Source: Aminian, A., Fathalizadeh, A., Tu, C., Butsch, W. S., Pantalone, K. M., Griebeler, M. L., . . . Nissen, S. E. (2020). Association of prior metabolic and bariatric surgery with severity of coronavirus disease 2019 (COVID-19) in patients with obesity. Surgery for Obesity and Related Diseases, 17(1), 208-214, doi:10.1016/j.soard.2020.10.026 **VASCULAR** SERVICES

At Avita Health System, our vascular specialists diagnose and treat conditions affecting your veins and arteries. With 24/7 coverage at Bucyrus, Galion, and Ontario Hospitals, and the only DVT Clinic in the region, our experts help improve vein-related conditions using the least invasive methods possible. Whether through lifestyle changes, such as diet and exercise, medication, or minimally-invasive procedures, our vascular experts provide exceptional care through an individualized treatment plan to help improve your quality of life.

Advancements in vascular and endovascular medicine have changed the way heart attacks, stroke, and other medical conditions are treated. Many conditions that once required invasive surgery can now be treated using minimally-invasive procedures. This allows patients to spend less time in the hospital, recover faster, and return to normal activities sooner.

VASCULAR CONDITIONS

Common vascular conditions treated at Avita include:

- Peripheral Artery Disease
- Abdominal Aortic Aneurysm
- Carotid Artery Disease
- Pulmonary Embolism (blood clots)
- Deep Vein Thrombosis (DVT)
- Varicose Veins
- Lymphedema
- Stroke

VASCULAR TESTING

Vascular testing allows your doctor to make an accurate diagnosis to provide the appropriate care needed. Common vascular tests performed at Avita include:

- Angiography
- Computerized Tomography
- Electrocardiogram (EKG or ECG)
- Magnetic resonance imaging (MRI)
- Ultrasound
- X-rays

ENDOVASCULAR AND INTERVENTIONAL PROCEDURES

Both endovascular and interventional procedures are minimallyinvasive and life-saving. These include:

- Angioplasty
- Inferior Vena Cava (IVC) Filter placement
- Blood Clot Removal (Thrombectomy)

in a deep vein, usually in your legs, causing pain or swelling. If the blood clot breaks loose, it could travel through your veins and lodge in your lungs, blocking blood flow. This is called a pulmonary embolism. At Avita, the DVT Clinic helps diagnose and manage blood clot conditions. Our team of doctors and pharmacists work together to provide a treatment plan for each patient. A referral to our DVT Clinic can be made by

Deep Vein Thrombosis (DVT) occurs when a blood clot forms

COMPREHENSIVE DVT CLINIC

calling 419-462-4600.

VASCULAR SURGERY

In addition to the vascular conditions and endovascular procedures listed, Dr. Zadeh specializes in vascular surgery, including:

- Peripheral Vascular Surgery
- Aorta Surgery · Dialysis Fistula
- Carotid Artery Endarterectomy & Stenting
- Amputations

Heart and Vascular Team



Michael Davis, MD, MBA Medical Director of Cath Lab Services Interventional Cardiology Vascular Medicine 419-462-4600



Ernest Gumprecht, MD General Cardiology 419-462-4600



James Kim, MD Interventional Cardiology Vascular Medicine 419-462-4600



Wisam Martini, MD Interventional Cardiology Vascular Medicine 419-462-4600



Joseph Mayo, MD, PhD Interventional Cardiology 419-462-4600



William Polinski, DO, PhD General Cardiology 419-462-4600



Errol Williams, MD General Cardiology 419-462-4600



Barry Zadeh, MD Vascular Surgery 419-462-4541





3T MRI Now in Bucyrus

Avita has 3-Tesla (3T) Magnetic Resonance Imaging (MRI) in Richland and Crawford Counties! Already at Ontario Hospital, 3T MRI was recently added at Bucyrus Hospital, providing greater access to more advanced imaging services for patients

3T MRI offers superior image quality, detailed diagnostic capabilities, and provides exceptional patient comfort with a large 70-cm opening. This wider opening is beneficial for larger patients (up to 550 lbs) and those who may be

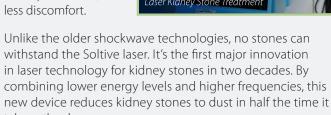
claustrophobic. The extra "breathing room" makes a big difference.

3T MRI delivers the highest resolution imaging of the brain, spine, soft tissue, bones, and more. This means clearer, more complete images to better identify your medical condition or injury.



Stone Treatment

This advanced technology, Olympus Soltive™ SuperPulsed Laser System, enables physicians to deliver quicker, more efficient kidney stone removal, less discomfort.



certified Urologist, Adam Clemens, MD.

avitahealth.org/providers/adam-clemens.

Moonbeam Ultraviolet Light

In April 2020, Avita added an innovative process to disinfect and sanitize patient rooms, surgical suites, personal protective equipment (PPE), and public safety vehicles, such as ambulances.

This advanced technology, the Moonbeam[™]3, is an ultraviolet light that kills viral and bacterial pathogens to prevent the spread of illness. The Moonbeam 3 helps keep physicians, nurses, hospital employees, and emergency medical staff safe as they care for others in the community. It has been a valuable tool during the COVID-19 pandemic.



The Moonbeam 3 helps prevent the spread of disease by killing pathogens on highly-touched surfaces. It's also lightweight and mobile so it can be easily transported to sites where disinfecting and sanitizing measures are needed.

Laser Kidney

which may translate to faster treatment times, fewer procedures, and



takes other lasers.

Released in 2020, Avita was the first healthcare organization in Ohio to acquire this new technology. The Soltive laser is being utilized to improve patient care and outcomes by Avita's board-

To request an appointment, call 419-468-0732 or visit



3D Mammography

The Genius™ 3D Mammography™ exam is available at Bucvrus, Galion, and Ontario Hospitals. This 3D technology allows radiologists to examine the breast tissue layer-by-layer instead of viewing it in a flat image as with older 2D

mammography. With an in-depth look of the breast tissue, fine details are revealed above and below the tissue, thus providing a more accurate exam.

The 3D exam provides better, earlier breast cancer detection when compared to 2D alone. Greater accuracy means greater breast cancer detection and a reduced chance of additional imaging. 3D mammography also provides increased comfort with a curved compression surface that mirrors the shape of the breast and has the fastest scan time available – 3.7 seconds!

To schedule your mammogram, call 419-462-3310.



"Our da Vinci surgical robots are top of the line," explains Jerry Morasko, President/CEO of Avita Health System. "With the new Xi model, surgeons can work in all 4 quadrants of the abdomen without undocking and re-docking the arms. It also has longer instruments, which allows operations to be performed on larger patients."

AVITA ORTHOPEDICS & SPORTS MEDICINE



MOVE FREELY. LIVE FULLY.

Avita Health System's orthopedic team is your go-to for expert care. They provide a full range of treatments to improve the stability and movement of your body, while reducing pain and improving your quality of life.

From sports medicine to orthopedic surgery and joint replacement, Avita's orthopedic team specializes in treating illnesses and injuries of the musculoskeletal system – bones, joints muscles, cartilage, tendons, ligaments, and connective tissues. This system protects vital organs, supports your body, and allows you to move. When it's compromised, your health and everyday life can be greatly affected. That's why it's important to seek medical help as soon as problems arise.

Cammon orthopedic problems include:

Difficulty performing everyday activities, such as walking, standing, climbing stairs, or lifting objects



Injury to the soft tissue that surrounds the bones and joints, sprains and/or strains of the ankle, knee, or wrist





Injury to your bones, including breaks, compound fractures, and stress fractures

Avita has one of the Largest Orthopedic Groups in the Region!



Samantha Bark, DPM Foot and Ankle Specialist 419-468-7059



Christopher Cannell, MD Physical Medicine & Rehab 419-468-7059



Robert Dawson, MD Hand & Upper Extremity Surgery Galion, Ontario 419-468-7059



David Fitch, DO, MS Physical Medicine & Rehab Galion, Ontario 419-709-8645



Scott Foster, MD Joint Replacement Ontario 419-709-8650



Robert Kalb, MD Orthopedic Surgery Bucyrus 419-562-5281



James Kerbs, MD Orthopedic Surgery Galion 419-468-7059



Kyle Randall, MD Orthopedic Surgery & Sports Medicine Ontario, Bellville 419-709-8645



Jeremy Riehm, DO Orthopedics & Sports Medicine Ontario, Bellville 567-307-7595



Michael Swiatek, DPM Foot and Ankle Specialist Bellville, Galion 419-462-3465



Ryan Wagner, MD Orthopedics & Sports Medicine Bucvrus 419-562-5281



Thomas Zuesi, DO Orthopedics & Sports Medicine Galion, Ontario 419-468-7059



Laurie Cullen, PA-C Hand & Upper Extremity Galion, Ontario 419-468-7059



Jordyn Hatcher, CNP Orthopedics & Sports Medicine Ontario 419-709-8645



Chad Miley, CNP Joint Replacement Ontario 419-709-8650

For more information or to request an appointment, visit avitahealth.org/services/orthopedics



1 in 2 American adults experience musculoskeletal problems each year*

*United States Bone and Joint Initiative

Chronic pain or discomfort in your joints or limbs

Torn or ruptured tendons and ligaments



Tingling or numbness in your limbs, especially the hands



Tightness or limited range of motion in

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At Avita Health System, we're doing everything possible to provide high-quality healthcare in an environment that is safe and makes you feel comfortable. It's important that you do not delay medical care or avoid treatment out of fear. To better protect you during the COVID-19 pandemic, we implemented enhanced safety measures in our hospitals, walk-in clinics, and medical offices. **These safety measures include:**

- Screening all patients and visitors at facility entrances
- Visitor restrictions
- Social distancing
- Universal masking
- Telehealth video appointments
- Increased cleaning processes
- Investments in UV sanitizing technology, personal protective equipment, and ventilators
- Drive-thru COVID-19 testing sites at Bucyrus, Galion, and Ontario Hospitals
- Pre-surgery COVID-19 testing

- Curbside prescription pick-up at Ontario Hospital
- Increased hospital bed capacity and negative air flow units
- COVID-19 Information Hotline
- Additional layers of personal protective equipment for staff interacting with patients
- Collaboration with local, state, and federal agencies to develop best practices

During these uncertain times, Avita's mission remains the same – *To improve the health and well-being of those we serve.*

MONOCLONAL ANTIBODY INFUSION CLINIC

Avita has a Monoclonal Antibody Infusion Clinic for patients with mild-to-moderate COVID-19 who are at high-risk for developing severe illness and hospitalization. Treatment is administered as a one-time intravenous (IV) infusion. To find out if you meet the criteria for therapy, just ask your Avita provider.

COVID-19 VACCINE

A Powerful Tool to Help Stop the Pandemic

At the end of 2020, Avita began administering the Moderna COVID-19 mRNA vaccine to employees. By January 2021, we were vaccinating the community.

The vaccine is safe and highly effective at preventing COVID-19. It has a 94% efficacy after the second dose and may help defend against serious illness if you later contract COVID-19, which means you'll be less likely to need emergency medical treatment or hospitalization. Simply put, it's a safer way for us to build immunity from the virus and avoid life-threatening complications.

It takes time for your body to build protection after any vaccination. The Moderna COVID-19 vaccine requires 2 shots and may not protect you until a week or two after your second shot. Even if you have previously tested positive for COVID-19, getting

HELP STOP THE SPREAD







Practice socio



Wear a mask

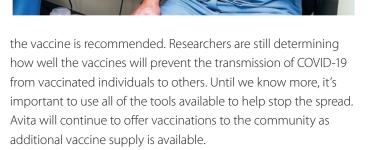




Avoid crowds

Get Vaccinated

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For frequently asked questions about the SARS CoV-2 Vaccine, visit *avita.link/vaccine-faqs*



Together We Can Make A Difference

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Audiology

Ann Cola-Schuh, Au.D
Kim Obringer, Au.D
Emily Rospert, Au.D
Galion419-468-0547
Ontario......419-775-1091, opt. 3

Bariatrics

Linden Karas, MD	567-307-7854
Thomas Smith, DO	419-462-3839
Deanna Miller, CNP	567-307-7854

Cardiology

.419-462-4600 Michael Davis, MD Ernest Gumprecht, MD. ..419-462-4600 ..419-462-4600 James Kim, MD. Wisam Martini, MD. .419-462-4600 Joseph Mayo, MD ..419-462-4600 William Polinski, DO ..419-462-4600 ..419-462-4600 Errol Williams, MD. .419-462-4600 Hannah McKee, CNP.

Ear, Nose, & Throat

Endocrinology

14

Todd Darmody, MD......419-462-4656 Sarah Beattie, DNP......419-462-4656

Endovascular Medicine

Michael Davis, MD	419-462-4600
James Kim, MD	419-462-4600
Wisam Martini, MD	419-462-4600
Barry Zadeh, MD*	419-462-4541

Family Medicine

Edward Adkins, MD .419-529-6195 .419-522-0948 Melissa Becker, MD. . 567-307-7835 Adam Bihl, MD. Harold Brown, DO. .567-307-7860 .419-492-2200 Fereshte Khavari, MD. ..419-563-9855 Amanda Kovolyan, MD. G. David Long, MD .419-529-6195 ..419-468-0796 Sarah Metzger, MD. David Stormont, MD. .419-462-3425 Lynne Werth, MD.. ..419-709-8640 419-468-4220 Mark Wood, DO Brandi Blanton, CNP ..419-563-0300 .419-522-0948 Julie Burkhart, CNP. Amber Campbell, CNP. .419-529-6195 .567-560-3792 Megan Crowley, DNP. Charlie Davis, PA-C .419-709-8640 .419-468-4220 Sarah Eshelman, CNP. .419-563-9855 Melodie Fagan, CNP Patty Fleming, CNP .419-529-6195 Rachel Hamilton, CNP .419-775-0042 .419-462-4505 Wendy Kerr, CNP. 419-462-3425 Jacob Kessler, CNP. Jenna Miller, CNP .419-462-4558 Natalie Roby, CNP. .419-522-0948 Trish Trubachik, CNP. ..419-492-2200 Barbara Wickham, CNP. .419-468-8323 .419-462-4560 Rob Wisner, PA-C..

Gastroenterology

P.K. Raman, MD......419-526-4266

General Surgery

General Surgery cont.

Daryl Sander, MD.......419-468-7785 Thomas Smith, DO......419-462-3839 David Zaghlool, DO......419-468-7785

Geriatrics, Hospice, & Palliative Care

Rebecca L. Strickland, MD419-563-0300 Mark Wood, DO419-468-4220 Jason Atwell, CNP419-468-4220

Home Health & Hospice

Avita Home Health & Hospice419-468-7985

Infectious Disease

Uchenna Ezike, MD*.....419-468-0965

Internal Medicine

James Goudy, II, MD .419-468-8323 Eric Haus, DO. ..419-462-4561 Andrew Lee, MD. .419-468-0449 John Nirmalnath, MD. ..419-462-4561 .. 419-522-3751 Anil Paul, MD. James Richardson, MD. .419-775-0042 R. Todd Strickland, MD. .419-563-0300 M. Ursachi, MD. .419-468-0596 Nyan Win, MD ..419-563-9329

Joint Replacement

Nephrology

Nhan Luu, MD......419-462-4575

Neurology

Steven Benedict, MD*......419-462-4630 Melany Raedy, DO......419-468-0869 Brittani Atwood, CNP419-462-4630

Neurosurgery

Joel Siegal, MD*419-775-7440

OB/GYN

Women's Care

Occupational Medicine

Oncology

Renu Soni, MD.....419-462-3470

Ophthalmology

Andrew Hendershot, MD*...... 419-462-4537 Amit Tandon, MD*...... 419-462-4537

Optometry

Terry Walker, OD419-462-4556

Orthopedics & Sports Medicine

Robert Dawson, MD. 419-468-7059 Scott Foster, MD 419-709-8650 Robert Kalb, MD .419-562-5281 James Kerbs, MD 419-468-7059 .419-709-8645 Kyle Randall, MD. Jeremy Riehm, DO. .567-307-7595 .419-562-5281 Ryan Wagner, MD. Thomas Zuesi, DO. .419-468-7059 .419-468-7059 Laurie Cullen, PA-C. Jordyn Hatcher, CNP .419-709-8645 Chad Miley, CNP .. .419-709-8650

Pain Management

Pediatrics

Physical Medicine & Rehabilitation

Plastic & Reconstructive Surgery

Podiatry

Samantha Bark, DPM419-468-7059 Michael Swiatek, DPM419-462-3465

Psychology

Aaron Becker, PsyD......419-522-0948

Pulmonary Medicine & Critical Care

Rheumatology

David Stainbrook, Jr., DO 567-307-7605

Sleep Medicine

Mesfin Seifu, MD419-468-0864 Tiffini Pinion, CNP419-468-0864

Spine Services

David Fitch, DO	419-709-8645
Robert Kalb, MD	419-562-528
Joel Siegal, MD*	419-775-744(
Rvan Wagner, MD	419-562-528

Therapy Services

Physical Therapy & Occupational Therapy

Avita Pediatric Therapy Center

.419-468-0570

Galion Hospital Inpatient Rehab

Avita Summit Therapy & Performance Centers419-756-2525 Workwell Occupational Health Services

.....419-468-0630

Speech Therapy

Bucyrus419-468-0547 Galion419-468-0547 Ontario419-775-1091, opt. 3

Thoracic Surgery

Barry Zadeh, MD*.....419-462-4541

Urology

Adam Clemens, MD419-468-0732
Tracy Fulton, CNP419-468-0732
Sean Hart, CNP419-468-0732

Vascular Services

Michael Davis, MD.......419-462-4600

James Kim, MD......419-462-4600

Wisam Martini, MD.....419-462-4600

Barry Zadeh, MD*.....419-462-4541

Wound Care

> PROVIDER REFERRAL LINE **419-468-0961**

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269 Portland Way S, Galion, OH 44833

BUCYRUS HOSPITAL GALION HOSPITAL ONTARIO HOSPITAL









This publication does not serve as a substitute for professional medical care. Consult your provider before starting any form of medical treatment or adopting any exercise program or dietary



Avita Health System is an equal opportunity provider and employer.