# Dermal Fillers

As we age, we naturally lose subcutaneous fat. Skin elasticity is also diminished, making wrinkles more visible.

Dermal fillers can soften deep wrinkles and smile lines, plump thin lips, and improve the appearance of sunken scars. Hyaluronic Acid is a naturally occuring substance in the body, which is used as a "filler" to bring nutrients from your blood stream to your skin cells.

Dermal fillers are available in the offices of Avita Plastic and Reconstructive Surgeons Dr. Walter Bodjanac and Dr. Teresa Ghazoul.

**Juvederm®** 

Restylane®

### **FAQs**

## Am I a good candidate for dermal fillers?

You may be a good candidate for dermal fillers if you are physically healthy and do not smoke. Having a positive outlook and realistic goal are important as well.

# How quickly will I recover?

There is no downtime with dermal fillers. You may resume most activities right away.

### How long is a treatment session?

Most treatment sessions take 15 to 30 minutes.

### How long do dermal fillers last?

Hyaluronic acid fillers typically last four to six months.

### What is hyaluronic acid?

Hyaluronic acid is a naturally occuring substance that helps to hydrate and add volume to the skin.

### What are the side effects associated with dermal fillers?

Your initial appearance after any dermal filler may include mild swelling or bruising, and temporary numbness or redness. Your physician may suggest topical icing to help alleviate these temporary conditions.



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