Chemical Peel

Sun exposure, acne, or just getting older can leave your skin tone uneven, wrinkled, scarred, or spotted. A chemical peel is one of the least invasive ways to improve the texture of your skin. A chemical peel uses a solution to smooth the texture of your skin by removing the damaged outer layers. Although chemical peels are mostly used to improve facial skin, they can also be used on your neck and hands. There are three types of chemical peels: superficial, medium, and deep.

A chemical peel can help improve:

- Acne or acne scars
- Age and liver spots
- Irregular skin pigmentation
- Rough skin and scaly patches
- Scars
- Sun-damaged skin

FAQs

**How do I know if I am a good candidate for a chemical peel?**

You may not be a good candidate for a chemical peel if you have:

- A history of abnormal skin scarring
- Abnormal pigmentation
- Afro-Caribbean or Asian skin
- Facial warts
- Red hair and pale freckled skin
- Used certain acne treatments within the last year

**What should I expect after a chemical peel?**

Your skin will feel tight and may be red immediately after the peel. Recovery time depends on the type and strength of chemical peel used in your treatment. You may experience peeling, skin redness, and discomfort for several days depending on the level of peel. Depending on the level of your chemical peel, your plastic surgeon will supply you with what to fully expect after your treatment and how to care for your skin.

**What does a chemical peel feel like?**

Most patients feel a mild stinging that is temporary and usually subsides within a few minutes.

**How long do results last?**

Results vary depending on the level of the chemical peel. For instance, if you undergo a deep chemical peel, the results can last up to 10 years.