

\*Denotes Healthy  
Choice Option

“Not your average  
hospital food!”

**Monday**  
7/16/18

**Tuesday**  
7/17/18

**Wednesday**  
7/18/18

**Thursday**  
7/19/18

**Friday**  
7/20/18

**Saturday**  
7/21/18

**Sunday**  
7/22/18



Oatmeal  
Biscuits &  
Gravy  
Scones  
Grill Open From  
7:00am-10:00am

Oatmeal  
Cream of Wheat  
Fresh Baked Muffins  
Grill Open From  
7:00am-10:00am

Oatmeal  
Grits  
Frosted Long Johns  
Grill Open From  
7:00am-10:00am

Oatmeal  
Biscuits & Gravy  
Fresh Baked Turnovers  
Grill Open From  
7:00am-10:00am

Oatmeal  
Cream of Wheat  
Fresh Baked  
Scones  
Breakfast Burritos  
Grill Open From  
7:00am-10:00am

Oatmeal  
Biscuits & Gravy  
Fresh Baked  
Muffins  
Grill Open From  
7:00am-10:00am

Oatmeal  
Frosted Long Johns  
Grill Open From  
7:00am-10:00am



Black Bean

Stuffed Pepper

Chili

Tortilla

Chicken Spaetzle

Beef Vegetable



Pepperoni &  
Banana Pepper

Three Cheese

White

Buffalo Chicken

Veggie

Chicken &  
Spinach Alfredo  
w/ Glazed Carrots  
& Fresh Bread  
Stick

Fried Fish & Chips

Homemade Meatloaf w/  
Mashed Potatoes &  
Gravy & Buttered Corn

Rigatoni Meatball  
Bake w/ Roasted  
Zucchini & Squash

Italian Sub

Country Fried Steak w/  
Mashed Potato &  
Country Gravy &  
Buttered Corn

Roasted  
Vegetable  
Lasagna

Airline Chicken w/  
Baked Potatoes & Peas  
& Carrots

Pulled Pork Soft Taco  
w/ Spanish Rice

Roasted Pork Loin w/  
Fresh Brussel  
Sprouts & Roasted  
Redskins

Buffalo Chicken w/ Sidewinder  
French Fries

Salmon Patties w/  
Roasted Fresh  
vegetables & Sweet  
Potatoes

Pork Chops w/  
Italian Green  
Beans & Garden  
Rice

Black Bean Tortilla Pies  
w/ Grilled Fresh  
Vegetables

Grilled Beef Burrito

Shrimp Skewer w/  
Jambalaya Rice

Chicken Tenders w/ Fresh  
Broccoli & Macaroni & Cheese

Hot Dessert

Salisbury Steak



Deli Club Sub

Grilled Peanut Butter

Tuna Melt

Pizza Sub

Fried Pollock

Grill  
Open

Made to Order Grill  
10:00-1:30PM

WRAPS

Baja Chicken

Turkey & Gouda

Cheese Burger

Crispy Chicken

Sweet & Sour Turkey



Southwest

Cranberry Pecan  
Spinach Salad

Cobb

Fajita Chicken & Grape

Through the Garden

